

PSK 351

PERSONALITY THEORIES

2018-2019 Fall



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Course Description

Personality theories special and crucial importance in psychology due to their holistic qualities in search for how human beings think, feel and behave. They also provide us powerful backgrounds on which many theories of psychotherapy have been built. This course aims to provide knowledge on personality theories and their underlying basic assumptions within the historical context in which they have appeared. During the course, the most influential theories of personality will be discussed including trait theories, factor theories, psychodynamic, behavioristic, humanistic and cognitive theories. In addition, specific issues related to personality evaluation and psychotherapy will also be discussed.

Learning Objectives

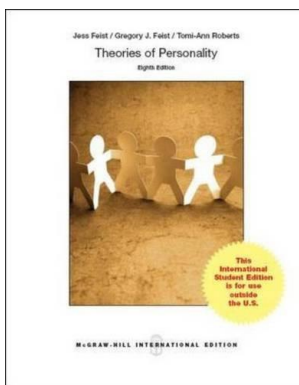
In this course you will learn to;

- describe main propositions, terminologies and conceptualizations of influential personality theories,
- compare and contrast major classical theories of personality (i.e., trait theories, factor theories, psychodynamic, behavioristic, humanistic and cognitive theories.),
- develop an understanding of “human models” of major personality theories,
- gain knowledge on research methods and empirical findings on personality,
- gain an understanding of how personality theories have influenced other areas of psychology from a theoretical and practical point of view.

Course Organization

This is a lecture course in which topics are presented by the instructor. Each chapter will be instructed by the instructor and will be discussed in the class. Supportive and guiding PowerPoint presentations will be published weekly on instructor’s personal web site. Students are responsible reading weekly materials before classes and attending classes regularly.

Reading Materials



Textbook

Feist, J., & Feist, R. J., & Roberts, T. A. (2013). *Theories of personality* (8th ed.). NY:McGraw-Hill.

Web site

<http://www.baskent.edu.tr/~okanc/>

Grading

Grades will be based upon performance on the following:

Graded activity	Weight (%)
Midterm Exam	40
Final Exam	40
Quiz #1	10
Quiz #2	10
Total	100

Weekly Schedule

Week	Date	Topic	Chapter
1	27-28 Sept 2018	Introduction to Personality Theory	1
2	4-5 Oct 2018	Freud: Psychoanalysis	2
3	11-12 Oct 2018	Freud: Psychoanalysis	2
4	18-19 Oct 2018	Jung: Analytical Psychology	4
5	25-26 Oct 2018	Maslow: Holistic-Dynamic Theory	9
6	1-2 Nov 2018	Rogers: Person-Centered Theory	10
7	8-9 Nov 2018	May: Existential Psychology	11
8	12-16 Nov 2018	Midterm Exam Week	
9	22-23 Nov 2018	Allport: Psychology of the Individual	12
10	29-30 Nov 2018	Eysenck, McCrae and Costa's Trait and Factor Theories	13-14
11	6-7-Dec 2018	Skinner: Behavioral Analysis	16
12	13-14 Dec 2018	Bandura: Social Cognitive Theory	17
13	20-21 Dec 2018	Kelly: Psychology of Personal Constructs	19
14	27-28 Dec 2018	Closing and evaluation	